Supplementary Table 1. Search terms used to select articles on PubMed.

|  |  |
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|  | Key Words |
| Population | Geriatric\*, “older adult”, “old age”, “aged participants”, older\*, elderly\*, “age old”, senior\*. |
| Intervention | Multifactorial\*, multidomain\*, multi-domain\*, multi-modal\*, “multi-intervention”, “multiintervention”, “physical activity”, “cognitive training, nutrition\* |
| Study Design | Random\*, RCT |